

PRESS RELEASE

TEAM NAMEPLATE SERVICES / DCR RACING



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Cornish Attends Star Studded Opening for Bwell Gym

3 times British National Supermoto champion Lewis Cornish's race bike was the star attraction at the recent grand opening of his sponsor's Bwell Gym new premises in Great Yarmouth. Joining the young supermoto ace was under-17 British Shot Put champion Sophie McKinna who has just smashed the UK record (who is also supported by Bwell) and the Member of Parliament for Great Yarmouth, Brandon Lewis who himself is a keen tri-athlete was another surprise guest. The three well known locals chatted at length about their various sports and how they prepare for their individual disciplines. Brandon was particularly interested to hear that Lewis has to travel so far to practice supermoto that it's virtually impossible to train on the bike on a regular basis. Lewis explained that "usually the only bike time I get is actually at the races, it's becoming more and more difficult to find somewhere to ride between meetings that I usually only get to ride my bike at the races".

Lewis's association with Bwell began a few years ago when they were the only gym prepared to take on an under 16 year old and thanks to development manager Andy Harrison a fully tailored programme was formed to help him make the move up to the adult classes and also make a full recovery from a nasty injury in 2008. Bwell soon recognised Lewis'

undoubted talent and commitment to his sport and offered him a scholarship to help developing his racing career. One thing is for sure, with a fantastic new gym and fitness centre on their doorstep, local sportsmen and women have even more encouragement to hit their own personal goals.

Lewis Cornish will be racing again at round 4 of the British Supermoto Championship at Three Sisters Circuit on Jun 4/5 and the following weekend at the British Moto GP support race at Silverstone.

Keep up to date with all the news and images at: www.lewiscornish.co.uk
If you would like more information regarding Bwell Gym and their fitness programs please call:
01493 452 095



Left to right - Paul Brice (Bwell), Lewis Cornish, MP Brandon Lewis, Sophie McKinna (Shot Put GB), Spencer McCormack (Bwell)

**Don't Forget to Visit Lewis's website at
www.lewiscornish.co.uk**

Lewis Cornish and his family would like to thank his loyal sponsors for their continued support:

